



# November

a month of gratitude



Issue 11  
NOVEMBER 2021

Workshops  
Are in full  
Bloom !  
Check your  
monthly  
Property  
events  
Calendars for  
times and  
dates.

NOV 5TH	DOUGHNUT DAY
NOV 7TH	CHANGE OUR CLOCKS DAY
NOV 11TH	VETERANS DAY
NOV 13TH	KINDNESS DAY
NOV 25TH	THANKS-GIVING DAY

**Your "GOOD TO KNOW" Many Mansions Resident Info Newsletter !**

Property celebrations are in full swing !  
Check your monthly calendar for the fun that is coming your way !

**Staff member quote of the month by Jessica L. of Resource Development:**

What lies before us and what lies behind us are small matters compared to what lies within us. And when you bring what is within out into the world, miracles happen.

-Henry David Thoreau

NATIONAL DAYS  
What's Your Favorite?



## "The Warm Line"

A new peer support phone line for a warm and friendly person to webchat or talk with !

[www.mentalhealthsf.org/peer-run-warmline/](http://www.mentalhealthsf.org/peer-run-warmline/)

**855-845-7415**

### Easy Pumpkin Pie Ingredients :

1 package Keebler® Ready Crust® Mini Graham Cracker Pie Crust (6 mini pie crusts)

2 cups Oikos® Pumpkin Pie Greek Yogurt

1 can Reddi-wip®

### Instructions :

1. Open the package of Keebler® Ready Crust® Mini Graham Cracker Pie Crusts and place them on a table.
2. Open the cups of Oikos® Pumpkin Pie Greek Yogurt and spoon one-third of each cup into a mini pie crust.
3. Top with a generous spray of Reddi-wip®.

**Serve immediately.**



**"Mr. C" says:**

Learn to express Gratitude, by just creating a simple kind smile on your face, that may be one of the simplest ways to express it. It will make you feel better, but it also will make the person you send it to, feel better. And it did not cost you anything, because it can be given away freely,

Remember: By placing that smile on your face - no matter what is happening to you, it could brighten up somebody else's life.

That is Gratitude



**"I am grateful for life, a gift bestowed upon me from our higher power which includes the right to choose the pursuit of happiness."**

**Antonia T. - LaRahada**

**"Many Mansions I've lived here for 7 years and this has been the most stable my life has been. I'm thankful for all Many Mansions has helped me achieve, from housing ,to my children in my custody to our happy family as a whole. "**

**Massiel O. - Peppertree**

**"Gratefulness turns what we have into enough"**

**John D. - LaRahada**

**"I'm thankful for the love and support I get from all the staff and of thankful for a roof over my head. The fact that I get both a home and love and support is also what I'm thankful for"** Misty T. - Peppertree

**In everyday there are 1,440 minutes. That means we have 1,440 daily opportunities to make a positive impact. Colleen R.—Casa de Paz**

**"I feel extremely grateful for all the Many Mansions staff that does so much for all the residents. Thank you!"**

**Danny B.- Casa de Paz**

**" I can't even express all the goodness and gratitude I have. When I think about the blessing Many Mansions and the staff have provided me while living here at Peppertree apartments, it literally puts tears in my eyes to know that my family and I are loved and cared for by Many Mansions."**

**Betty G. - Peppertree**

**" Art and Music make the world go round "**

**Madam Koobla - Richmond Terrace**

**" Blessed are they who see beautiful things in humble places where others see nothing. "**

**Rosanna A. - Esseff Village**