



Issue 11
November 2023

Your “GOOD TO KNOW” Many Mansions Resident Newsletter



Explore your Medicare coverage options:

Pick your 2024 Plan from Oct.15-Dec 7th

California Health Advocates > HICAP

HICAP (the Health Insurance Counseling & Advocacy Program) provides free and objective information and counseling about Medicare. Volunteer counselors can help you understand your specific rights and health care options. HICAP also offers free educational presentations to groups of Medicare beneficiaries, their families and/or providers on a variety of Medicare and other health insurance related topics.

CALL HICAP: 1-800-434-0222

Free Medicare Help from Volunteer Counselors

County of Ventura Area Agency on Aging

Website <https://www.vcaaa.org/our-services/medicare-help/>

Address 646 County Square Drive, Suite 100
Ventura, CA 93003 - [Google map](#)

Telephone 805-477-7310

Fax 805-477-7341

Program Manager Sonia Vaughn
Sonia.Vaughn@ventura.org

Hours Monday - Friday: 8:30 to 4:30

Free/reduced-cost Thanksgiving Meals:

Ventura County Rescue Mission Great

Thanksgiving Banquet: Noon to 1 p.m.

Wednesday, 234 E. Sixth St, Oxnard. Information at 487-1234 or go online to vcrescuemission.org. Free.

Camarillo Moose Family Center

Thanksgiving dinner: 11 a.m. to 4 p.m.

Thursday, 341-A Arneill Road, Camarillo. Information at 484-9118 or go online to www.moose2047.org. Free.

Simi Valley Knights of Columbus, Council 5803, Thanksgiving lunch for the homeless: Noon Thursday, 1255 Patricia Ave., Simi Valley. Information at 522-5803. Free.

Pre-Thanksgiving celebration at the Moorpark Active Adult Center: 11:45 a.m. Wednesday, 799 Moorpark Ave. Information at 517-6261. Suggested donations of \$3 for those 60 and older; \$6.75 for those 59 and younger.

Simi Valley Council on Aging and Rotary Club of Simi Sunrise Thanksgiving dinner: Seatings at 4:45 p.m., 6 p.m., 7:15 p.m. Wednesday, multi-purpose room at the Simi Valley Senior Center, 3900 Avenida Simi. Call 583-6363 to reserve free tickets. Reservations required.

Cranberry Sauce Made Easy !

1 large orange

12 oz. cranberries

3/4 c. sugar

1. From 1 large orange, remove 4 large strips peel and squeeze 1/3 cups juice.
2. In medium saucepan, combine peel, juice, fresh cranberries, and sugar.
3. Cook on medium 12 to 14 minutes or until most cranberries burst, stirring occasionally.
4. Cool completely.

November 28th is "Giving Tuesday"



It's not how much we give,
but how much love we put
into giving
- Mother Theresa

Every act of generosity counts and everyone has something to give.

There are so many different ways to express generosity on "GivingTuesday" and every day! It's a simple idea: whether it's making someone smile, helping a neighbor or stranger out, showing up for an issue or people we care about, or giving some of what we have to those who need our help, every act of generosity counts and everyone has something to give.

NATIONAL DAYS What's Your Fav? November 2023

- NOV. 1ST Day of the Dead
- NOV. 11TH Veterans Day
- NOV. 12TH World Kindness Day
- NOV. 23RD Thanksgiving
- NOV. 28TH Giving Tuesday

THE BEST WAY TO FIND YOURSELF IS TO LOSE YOURSELF IN THE SERVICE OF OTHERS.
- MAHATMA GANDHI

Radical Generosity
 \ 'ra-di-kəl \ \ dʒənə'jaseti \
 noun

The concept that the suffering of others should be as intolerable to us as our own suffering.

GIVING TUESDAY

JAMES R @ ORMOND BEACH VILLAS



What Branch of Service? Army Corp of Engineers
What year did you serve? 1990-1992
Where were you stationed? Hawaii, Oahu: Schofield Barricks

What job did you have in the Army? 4 M/ Multi-purpose driver (All Military Vehicles big and small)
What School did you attend? Went to school at University of Hawaii

What certificate did you attain? Graduated with Certificate in Horticulture and Landscaping
What are some of your hobbies? Poetry, Reading Country Western Novels, Listening to Country Music and playing with his cat, Tazzie.

Fun facts about James: Maintains the grounds at Ormond Beach near his unit. James keeps the landscaping clean and well organized. James also picks up debris around the property on a daily basis. James also keeps the Trash bin areas very tidy. Staff think James does an exceptional job. James is friendly and respectful to the staff and neighbors alike.

What are your aspirations? James's aspirations are to make this world a better place by making people smile and be content. James hopes for unity in the world.

What do you like about Ormond Beach Villas? It provides me a home where I can rest and feel safe.