



<u>Issue 2</u> FEBRUARY 2023

FEB GROUNDHOG 2ND DAY

FEB HOMEMADE 4TH SOUP DAY

FEB MAKE A NEW FRIEND DAY

FEB VALENTINES 14TH DAY

FEB PRESIDENTS 20TH DAY

NATIONAL DAYS
What's Your Favorite?

Your "GOOD TO KNOW" Many Mansions
Resident Info Newsletter for February 2023

ALL ARE WELCOME TO ATTEND:

MANY MANSIONS
PRESENTS:

OPEN MIC NIGHT #2

SINGERS/DANCERS/ POETS/COMICS

ALL PERFORMERS ARE

WELCOME!

Monday February

2726 E.Hillcrest
Thousand Oaks

"Cafe" HILLCREST

All are welcome to perform and/or attend Doors Open 5:00 PM

CONTACT LARRY for more info 805-263 -7027 PIZZA/COFFEE

and DESSERTS

The 3 C's in life
Choice Chance Change.
You must make the

Choice to take the Chance if you want anything in

life toChange.

QUOTE COURTESY OF ROSANNA A-EV



"The Warm Line"

A new peer support phone line for a warm and friendly person to webchat or talk with!

www.mentalhealthsf.org/peer-run-warmline/ 855-845-7415 OR....... GIVE LARRY A CALL @ 805-263-7027 FOR PEER SUPPORT

This <u>3-ingredient black bean soup recipe</u> is easy to make. It's healthy, full of protein and flavor, and can be thrown together quickly! Plus, you can make it vegan by using vegetable broth instead of chicken broth.

Ingredients:

- 2 (15.5 ounce) cans black beans
- 1 cup of chicken broth
- 15 ounce can diced tomatoes

Instructions:

- Combine all ingredients in a medium pot. Bring to a boil and simmer for 10 minutes.
- Remove from stove and blend using a traditional blender.

AREA HOUSING AUTHORITY NOW ACCEPTING APPLICATIONS



WHAT YOU NEED TO APPLY

· An **email address is required** to submit the online application. Please ensure you have an email address <u>before</u> beginning the application process.

· Name, date of birth, social security number of <u>each</u> household member · Annual household income amount For more information on the Public Housing program, its requirements, and how to submit an application, please visit https://tinyurl.com/33r4ub7a for English.

Para obtener más información sobre el programa de la Vivienda Pública, los requisitos y cómo presentar una solicitud, viste https://tinyurl.com/4uss2f9k for Spanish.

The Area Housing Authority of the County of Ventura (AHA) will be accepting applications

beginning **February 1**, **2023** for the **Public Housing Program** from low income households.

Applications will be accept-

ed **online** beginning **Wednesday**, **February 1**, **2023** at 8:00am and

will close on **Wednesday**, **February 15**, **2023** at 4:00pm. Applications will be accepted via an online portal at <u>onlineportal.ahacv.org</u>.

If you require assistance <u>or</u> if you are a person with a disability and require an accommodation in order to complete an application, please contact our office at **(805) 480-6010** or send an email to <u>wl.info@ahacv.org</u>. For assistance for individuals with hearing impairment, please contact the AHA using TTY (805) 480-9119.

Family Sites	<u>City</u>	Unit Bedroom Sizes
Ellis Terrace	Camarillo	3 bedroom units
Fiore Gardens	Thousand Oaks	3 bedroom units
Leggett Court	Thousand Oaks	2, 3 & 4 bedroom units
Roth Apts.	Meiners Oaks/Ojai	2, 3 & 4 bedroom units
<u>Senior (62+ years of age) or</u> <u>disabled</u>		
Florence Janss	Thousand Oaks	1 bedroom units
Tafoya Terrace	Moorpark	1 bedroom units
Whispering Oaks	Ojai	1 bedroom units



RESIDENT SPOTLIGHT

TEENAA.

Hi, my name is Teena,

I was born and raised in Santa Paula. Growing up I had struggled with housing instability that led to couch surfing with friends and family throughout several states. Due to mental health and physical health, I have been out of work since 2014. During my housing instability I was always in and out of the hospital. Since living at Many Mansions, I have not been in the hospital, not even once! I really enjoy reading, doing art, and listening to music. I often find myself reading at the comfort of my home on my bean bag. Since moving in I have been able to have family over, bake goodies for Christmas, and gain an IHSS worker for my health. I attend all the workshops provided by Many Mansions, which I love! They help me get out of the house and hang out and socialize with my neighbors and staff.